

# Olcuf<sup>TM</sup> PLUS

## Cough Syrup 120 mL

(Ivy Leaf Extract, Thyme Extract & Licorice Extract)  
For all ages and all types of cough

# اولکف پلس

### DESCRIPTION:

Olcuf Plus Cough Syrup - Sugar Free is a traditional herbal medicinal product containing Ivy Leaf Extract, Thyme Extract and Licorice Extract which are well known for their beneficial role as expectorants, cough suppressants and for their soothing properties.

### COMPOSITION / 10mL:

Olcuf Plus Cough Syrup - Sugar Free contains:  
Ivy Leaf Extract .....70mg  
Thyme Extract .....43mg  
Licorice Extract .....43mg

### Ivy Leaf:

Ivy leaf contains saponins which are considered to have mucolytic, spasmolytic and bronchodilatory effects. It is used as an antitussive and expectorant to relieve cough and typical complaints associated with bronchitis: increased formation of viscous mucus, shortness of breath and irritation of the throat.

### Thyme:

Thyme is a source of various natural flavonoids which are responsible for restoration of normal lung functioning. Thyme acts as an antitussive and expectorant. It helps to relieve chest congestion and remove excessive mucus in bronchi.

### Licorice:

Licorice contains isoflavones which are mainly responsible for relieving cough and reducing bronchial spasms. It acts as an antitussive and has a soothing effect on the sore throat. It helps to reduce throat irritation and dry cough.

### INDICATIONS:

- Supports and strengthens healthy lung function.
- Acts as a bronchodilator, cough suppressant, expectorant, mucolytic and spasmolytic agent.
- Relieves chest congestion, soothes the mucus membrane of bronchial walls and restores normal breathing.
- Acts as an antitussive and has a soothing effect on sore throat.

### DOSAGE:

Children below 6 years	2.5mL, 2 times daily
Children 6-12 years	5mL, 2 times daily
Children above 12 years and Adults	5mL, 3 times daily

For children under the age of one year, please consult your healthcare practitioner.

### DURATION OF TREATMENT:

Duration of treatment depends on the nature and severity of the condition. Treatment should last for at least one week even in minor inflammation of respiratory tract. Furthermore, treatment with Olcuf Plus Cough Syrup should be continued for 2-3 days after symptoms have disappeared to ensure complete recovery. In the event of persistent symptoms such as fever, shortness of breath, haemoptysis, consult a healthcare practitioner immediately.

### SIDE EFFECTS:

Olcuf Plus Cough Syrup may cause nausea, vomiting, diarrhea, abdominal and epigastric (in the upper middle part of the abdomen) pain in some patients. Consult a healthcare practitioner if you have any side effects or if your symptoms persist or worsen.

### WARNINGS:

Do not use if you are allergic to any of the ingredient of Olcuf Plus Cough Syrup. Do not exceed the recommended daily dose.

### CONTRAINDICATION:

Hypersensitivity to any of the ingredient(s).

### PRECAUTIONS:

- Pregnant and nursing women should consult a healthcare practitioner prior to taking Olcuf Plus Cough Syrup.
- If dyspnea, fever or purulent sputum occurs, consult a healthcare practitioner immediately.
- Simultaneous use with other medicines is not recommended without medical advice.
- In case of a missed dose, do not double the dose; simply continue to take Olcuf Plus Cough Syrup as per next schedule.

### STORAGE:

Store in a cool and dry place below 30°C.  
Protect from sunlight.  
Keep out of reach of children.  
Shake well before use.

### PRESENTATION:

Olcuf Plus Cough Syrup is available in a bottle of 120mL. For accurate measurement of dosage a cup is provided.

**Olcuf Plus Cough Syrup is sugar free & therefore suitable for diabetic patients.**

**This is not an Allopathic product.**

Manufactured by:  
Herbion Pakistan (Pvt.) Limited.  
30/28, K.I.A., Karachi, Pakistan.

Marketed by:

**Getz**  
health  
(PVT) LIMITED  
29-30/27, K.I.A., Karachi, Pakistan

