

*Normalizes Vaginal Secretions  
Regulates Menstrual Cycle*

# Emira™

Emira is a combination of traditional herbs known to treat various gynecological disorders. It is safe and non-toxic and does not contain any synthetic chemicals or hormones.

**Composition:**  
**Each capsule contains:**

● *Saraca indica* (500mg)

*Saraca indica* is the widely used uterine tonic that supports a healthy reproductive system in women. It helps in controlling excessive bleeding during menstruation caused as a result of leucorrhoea, uterine fibroids and other related diseases.

● *Withania somnifera* (150mg)

*Withania somnifera* reduces menstrual problems and supports female reproductive health and memory. It enhances energy, supports aging, stimulates sexual drive and relieves menopausal symptoms such as hot flashes, anxiety and mood imbalance.

● *Areca catechu* (100mg)

*Areca catechu* is known to regulate menstrual flow, aid in digestion, strengthen the heart and act as a diuretic. It is used for overcoming mental confusion and chronic urinary distress.

● *Vitex agnus castus* (250mg)

*Vitex agnus castus* is used to relieve premenstrual syndrome, regularize monthly periods, treat amenorrhea and dysmenorrhea and aid the birth process. It also helps to ease menopausal problems.



● *Bombax malabaricum* (200mg)

*Bombax malabaricum* is used in women with sexual diseases like nocturnal emission, leucorrhoea, gonorrhoea and menorrhagia. It is also used in cystitis, chronic inflammation and enteritis.

● *Achillea millefolium* (150mg)

*Achillea millefolium* is a traditional women's herb, used to ease menstruation. It is used for fever, common cold, hay fever, absence of menstruation, dysentery, diarrhea, loss of appetite and gastrointestinal (GI) tract discomfort.

● *Matricaria chamomilla* (150mg)

*Matricaria chamomilla* is used for intestinal gas, fibromyalgia and restlessness. It is also used for digestive system disorders, stomach ulcers, and colic and menstrual cramps.

## Indications:

*Emira helps control abnormal vaginal discharges like Leucorrhoea and Menorrhagia.*

*Emira regulates the menstrual cycle and maintains menstrual flow.*

*Emira provides analgesic and anti-inflammatory action.*

*Emira nourishes and strengthens the muscles of endometrium and ovarian tissues.*

## ایمیرا

سیلانِ رحم اور ماہواری کی  
بے قاعدگی میں مؤثر اور مفید دوا

علامات:

ایمیرا غیر معمولی اندامِ نہانی کے اخراج جیسے سیلانِ رحم  
اور کثرتِ حیض کو کنٹرول کرتی ہے۔

ایمیرا ایامِ ماہواری کی باقاعدگی کو بحال کرتی ہے۔

ایمیرا درد اور سوزش کم کرتی ہے۔

ایمیرا رحم کے پٹھوں اور بیضہ دانی کے ریشٹوں کو مضبوط بناتی ہے۔

خوراک:

اسے ۲ کپسول روزانہ میں ۳ مرتبہ یا ڈاکٹر کی ہدایت  
کے مطابق استعمال کریں۔

ہدایات:

ٹھنڈی اور خشک جگہ پر ۳۰ ڈگری سینٹی گریڈ سے  
کم درجہ حرارت پر رکھیں۔  
دھوپ سے بچائیں۔ بچوں کی پہنچ سے دور رکھیں۔

### Dosage:

1 capsule three times a day except the first three days of menstruation. According to the severity of condition, the dosage can safely be increased to 2 capsules three times a day or as directed by the healthcare practitioner.

### Duration of treatment:

A three to four weeks course is sufficient. However, depending upon the severity of condition, the course can be extended up to ten weeks.

### Contraindication:

Emira capsule is contraindicated in pregnancy.

### Warning:

Do not exceed the recommended daily dose.

### Storage:

Store in a cool and dry place below 30°C. Protect from sunlight. Keep out of reach of children.

### Presentation:

Emira Capsules are available in pack of 20's.

This is not an Allopathic product.

Manufactured by:  
Herbion Pakistan (Pvt) Limited.  
30/28, K.I.A., Karachi, Pakistan.

Marketed by:

**Getz**  
health  
(PVT) LIMITED  
29-30/27, K.I.A., Karachi, Pakistan

