

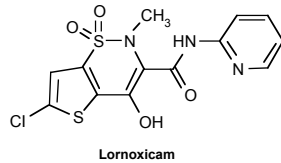
Zafon™
FAST
[L o r n o x i c a m]

ذيفون
فاست

8mg Film-coated Tablet

DESCRIPTION

ZAFON FAST (Lornoxicam) is a non-steroidal anti-inflammatory drug (NSAID) of the oxicam class with analgesic properties. Chemically it is described as 6-Chloro-4-hydroxy-2-methyl-N-2-pyridinyl-2H-thieno[2,3-e][1,2]-thiazine-3-carboxamide 1,1-dioxide. Its molecular formula is $C_{13}H_{10}ClN_3O_4S_2$ and the structural formula is:



QUANTITATIVE & QUALITATIVE COMPOSITION

ZAFON FAST (Lornoxicam) Tablets are available for oral administration as:

ZAFON FAST Tablets 8mg
Each film-coated tablet contains:
Lornoxicam... 8mg

CLINICAL PHARMACOLOGY

Mechanism of Action

The mode of action of lornoxicam is partly based on inhibition of prostaglandin synthesis (inhibition of cyclo-oxygenase enzyme). The inhibition of cyclo-oxygenase does not result in an increase formation of leukotriene.

As with other non-steroidal anti-inflammatory drugs the mechanism of the analgesic action of Lornoxicam has not been fully determined.

Pharmacokinetics

Absorption

Lornoxicam is absorbed rapidly and almost completely from the gastrointestinal tract. Maximum plasma concentrations are achieved after approximately 1 to 2 hours. The absolute bioavailability (calculated on AUC) is 90%-100%.

Distribution

Lornoxicam is found in the plasma in unchanged form and as its hydroxylated metabolite. The plasma protein binding of lornoxicam is 99% and not concentration dependent.

Metabolism

Lornoxicam is metabolized completely, and approximately 2/3 is eliminated via liver and 1/3 via kidneys as inactive substance. The hydroxylated metabolite exhibits no pharmacological activity. Lornoxicam (like Diclofenac and other oxicams) is metabolized by cytochrome P450 2C9. Due to genetic polymorphism slow and rapid metabolisers exist for this enzyme, which could result in markedly increased plasma levels of lornoxicam in slow metabolisers.

Excretion

The mean elimination half-life is 3 to 4 hours. After oral administration about 50% is excreted in the feces and 42% through the kidneys, mainly as 5-hydroxylornoxicam.

Special population

Elderly

In elderly patients, the clearance is reduced by 30% to 40%. Apart from this reduced clearance there is no significant change in the kinetic profile of lornoxicam in elderly patients.

Effect of Food

Simultaneous intake of lornoxicam with meals reduces C_{max} by approximately 30%, while T_{max} increases from 1.5 to 2.3 hours. The absorption of lornoxicam (calculated on AUC) can be reduced by up to 20%.

THERAPEUTIC INDICATIONS

ZAFON FAST (Lornoxicam) Tablets are indicated for:

- Short term treatment of moderate pain, such as pain after dental surgery.
- Short term treatment of mild to moderate pain associated with extra articular inflammation.
- Treatment of pain associated with acute lumbo-sciatica.
- Symptomatic treatment of pain and inflammation in osteoarthritis and rheumatoid arthritis.

DOSAGE AND ADMINISTRATION

ZAFON FAST (Lornoxicam) Tablets are supplied for oral administration and should be taken before meals with a sufficient quantity of liquid. For all patients the appropriate dosing regimen should be based upon individual response to treatment.

Dosage for the Treatment of Pain

A dose of 8mg to 16mg per day is recommended and should be taken in 2 single doses. The daily dose should not exceed 16mg.

Dosage for the Treatment of Rheumatoid Arthritis and Osteoarthritis

The recommended daily dose is 8mg-16mg preferably given as 8mg twice daily.

Dosage in case of Impaired Kidney or Liver Function

For patients with renal or hepatic impairment the maximal recommended daily dose is reduced to 8mg.

Special population

Elderly

No special dosage modification is required for elderly patients, unless renal or hepatic function is impaired, in which case the daily dosage should be restricted.

ADVERSE REACTIONS

Common

Abdominal pain, diarrhea, dyspepsia, nausea, vomiting, dizziness, headache, increase in blood urea nitrogen and creatinine levels, increase in serum transaminase levels and alkaline phosphatase level.

Uncommon

Constipation, dysphagia, dry mouth, flatulence, gastritis, gastro-esophageal reflux, peptic ulceration and/or gastrointestinal bleeding, stomatitis, hemorrhoidal bleeding, thrombocytopenia, increased bleeding time, anemia, decrease in erythrocytes, hemoglobin, leucocytes, alopecia, dermatitis, pruritus, increased sweating, rash, urticaria, purpura, ecchymoses, insomnia, somnolence, malaise, weakness, flushing, aseptic meningitis, edema, hypertension, palpitations, tachycardia, hypotension, drowsiness, dizziness, vertigo, paraesthesia, tremor, taste perversion, dyspnoea, bronchospasm, cough, rhinitis, micturition disorder, agitation, depression, liver function abnormalities, myalgia, leg cramps, conjunctivitis, vision disorders, tinnitus, allergic reactions, alteration in appetite and weight changes.

CONTRAINDICATIONS

Lornoxicam is contraindicated in the following conditions:

- Patients allergic to lornoxicam or any of the component of product.
- Patients who have suffered from hypersensitivity reactions (Asthma, rhinitis, angioedema or urticaria) to other non steroidal anti-inflammatory medicines, including acetylsalicylic acid.
- Patients with gastrointestinal bleeding, cerebrospinal bleeding or other bleeding disorders.
- Patients with active peptic ulceration or with a history of recurrent peptic ulceration.
- Patients with severe liver impairment.
- Patients with severe renal impairment (serum creatinine $>700\mu\text{mol/L}$).
- Patients with severe heart insufficiency.
- Patients with severe thrombocytopenia.
- Patients who are elderly (>65 years) and weighing less than 50kg and undergoing acute surgery.

- Children (under 18 years).
- During pregnancy and lactation.

PRECAUTIONS

Gastro-intestinal ulceration and bleeding in medical history:
Clinical monitoring at regular intervals is recommended. Patients developing peptic ulceration and/or gastro-intestinal bleeding while taking lornoxicam should discontinue medicine administration with appropriate therapeutic actions being taken.

Renal Impairment

Patients with mild renal impairment (serum creatinine 150-300µmol/L) should be monitored quarterly, patients with moderate renal impairment (serum creatinine 300-700µmol/L) should be monitored at 1 to 2 month intervals. Treatment with lornoxicam should be discontinued if renal function deteriorates during treatment.

Patients with coagulation disorders

Careful clinical monitoring and laboratory assessment is recommended (e.g., PTT).

Liver diseases (e.g. liver cirrhosis)

Clinical monitoring and laboratory assessment at regular intervals is recommended (e.g., liver enzymes).

Long term treatment (longer than 3 months)

A regular laboratory assessment of hematology (hemoglobin), renal function (creatinine) and liver enzymes is recommended.

Patients with hypertension and/or obesity

The monitoring of blood pressure and renal function is recommended in this population.

Elderly patients (65 years or above)

In patients 65 years of age and above, it is recommended that the renal and hepatic functions are monitored.

Drug Interactions

Anticoagulants or platelet aggregation inhibitors:
Concomitant administration of lornoxicam with anticoagulants or platelet aggregation inhibitors may prolong the bleeding time.

Sulphonylureas

Concomitant administration of lornoxicam with sulphonylurea may increase the hypoglycemic effect.

Other non-steroidal anti-inflammatory medicines and aspirin
Concomitant administration of lornoxicam with other NSAID and aspirin increases the risk of adverse reactions.

Diuretics

Concomitant administration of lornoxicam with diuretics decreases diuretic and antihypertensive effect of loop diuretics and thiazide diuretics.

ACE inhibitors

Concomitant administration of lornoxicam with ACE inhibitor may decrease the antihypertensive effect of the ACE inhibitor and there is a risk of acute renal insufficiency.

Lithium

Concomitant administration of lornoxicam with lithium inhibits renal clearance of lithium, thus causing increased serum concentration of lithium.

Methotrexate

Concomitant administration of lornoxicam with methotrexate may cause an increase in serum concentration of methotrexate and results in increased toxicity.

Cyclosporine

Concomitant administration of lornoxicam with cyclosporine may cause an increase in serum concentration of cyclosporine and may result in nephrotoxicity via renal prostaglandin mediated effects.

Cimetidine

Concomitant administration of lornoxicam with cimetidine results in higher plasma concentrations of lornoxicam.

Digoxin

Concomitant administration of lornoxicam with digoxin results in decreased renal clearance of digoxin.

Inducers and inhibitors of CYP2C9 Isoenzymes
Lornoxicam has interactions with known inducers and inhibitors of CYP2C9 isoenzymes such as phenytoin, amiodarone, miconazole, tranlycypromine and rifampicin.

OVERDOSAGE

An overdose with lornoxicam, the following symptoms can be seen: nausea, vomiting, cerebral symptoms (dizziness, ataxia ascending to coma and cramps). Change of liver and kidney function, may be coagulation disorders.

In the case of a real or suspected overdose, the medication should be withdrawn. Due to its short half-life, lornoxicam is rapidly excreted. Lornoxicam is not dialyzable. No specific antidote is known to date. The usual emergency measures, including gastric lavage, should be considered. Administering activated charcoal or cholestyramine, immediately after the intake of lornoxicam can lead to diminished absorption of the preparation. Gastrointestinal disorders can be treated with a prostaglandin analogue or ranitidine.

STORAGE

Store below 30°C.

Protect from sunlight and moisture.

The expiration date refers to the product correctly stored at the required conditions.

HOW SUPPLIED

ZAFON FAST (Lornoxicam) Tablets 8mg are available in blister pack of 10's.

Keep out of reach of children.

To be sold on prescription of a registered medical practitioner only.

Please read the contents carefully before use.
This package insert is continually updated from time to time.

Manufactured by:



Getz
pharma

(PVT) LIMITED
www.getzpharma.com

20-30/27,
K.I.A., Karachi,
Pakistan

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